

SOUL GOOD

4767 PGA Blvd. Palm Beach Gardens, FL 33418

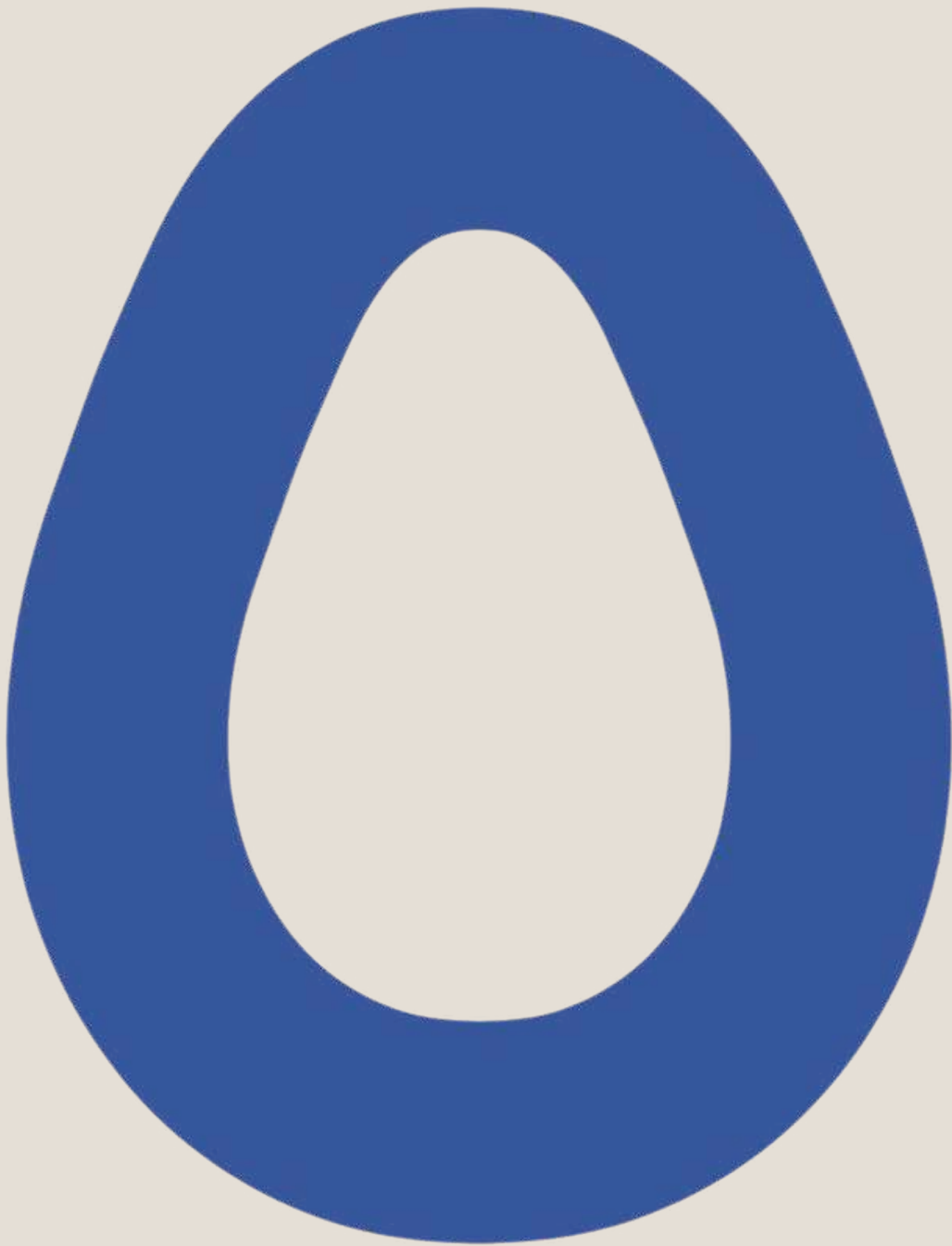
561-530-3512



Pancakes with Bacon

14.00

Bacon, Pancakes, Sunny Side Egg, Maple Syrup



Food.

***Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, may increase risk of foodborne illness.**

Brunch.



Breakfast Taco 12.00

Scrambled Egg, Chili Lime Chickpea, Tomatoes, Avocado Slice, Spicy Mayo



Mushroom Toasty 12.00

Sautéed Mushroom, Scramble Egg, Arugula, Asparagus on Toasted Sourdough



Breakfast Shakshuka 18.00

Eggs with Soul Good Chick Peas, Feta Cheese, Bacon, Toasted Sourdough



Everything or Nothing 11.00

Everything Bagel Toasted, Ricotta Cheese, Sliced Avocado, Honey, Sesame, Black Pepper, Lemon Zest, Everything Bagel Seasoning



Tomato & Brie 14.00

Grilled Tomato & Brie on Toast with Pesto and Lemon Dijon Salad



Breakfast Burger 14.00

Brioche, Smoked Bacon, Folded Omelette, Mixed Greens, Smashed Avocado, Lemon Aioli



Smashed Avocado 14.00

Sourdough Bread, Avocado, Roasted Tomatoes, Balsamic, Pumpkin and Sunflower Seeds, Ricotta Cheese



***Avo and Salmon 17.00**

Avocado, Smoked Salmon, Capers, Cucumber, Red Onion, Dill and Chili Flakes, Boiled Egg



***Soul Good Breakfast 19.00**

2 Eggs, Smoked Salmon, Roasted Tomato, Mushrooms, Smashed Avocado, Chick Peas, Sourdough



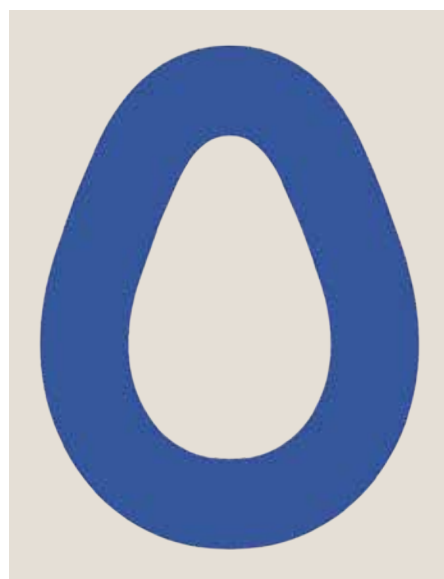
Honey Toast 14.00

Honey Toast, Nutella, Butter, Mixed Berries



Lemon French Toast 14.00

Thick Brioche stuffed with Lemon Ricotta, Mixed Berries



2 Eggs, Meat, Bread 12.00

Smoked Bacon, Thick Bacon, Canadian Bacon or Ham

Egg Sandwich 12.00

Omelette & Bread 14.00

Pick up to 4: Spinach, tomato, mushroom, American Cheese, Feta Cheese, Cheddar Cheese, Brie, Mortadella, Bacon, Canadian Bacon, or Turkey Bacon



Grilled Chicken & Brie Burger

14.00

Caramelized Onion Sour Cream, Brie Cheese, Sweet & Sour Cabbage, Mixed Green, Grilled Chicken



BLT Cheeseburger

14.00

Beef Patty, Mixed Green, Cheddar Cheese, Crispy Bacon, Tomato Chutney, Tomato Slice, Lemon Aioli



Cheeseburger

14.00

Beef, Blue Cheese, Arugula, Caramelized Onion, Pickled Red Onion, Tomato Chutney



Pan Seared Salmon

18.00

4 oz Grilled Salmon Filet, Yogurt Dill Sauce, Roasted Cherry and Asparagus



Korean Fried Chicken Tenders

14.00

Chicken Breast (6 pieces) with Spicy Korean Sauce



Korean Fried Chicken Wings

12.00

Chicken Wings (6 pieces) with Spicy Korean Sauce

All day.



Arrabbiata Pasta

15.00

Roasted Cherry Tomato, Arrabbiata Sauce, Parmesan Cheese, Parsley



Black Ink Pasta

Garlic, Parsley, Bacon



18.00 Truffle Cream Pasta

Linguine, Grilled Mushroom, Truffle Sauce, Ricotta Cheese, Parsley

15.00



Fried Chicken Sandwich 14.00

Buttermilk Fried Chicken, Slaw, Tomato, Spicy Mayo on Baguette



Parisienne Sandwich 14.00

Ham, Basil Pesto, Caramelized Onions, Brie, Arugula, Baguette



Club Sandwich 14.00

Grilled Chicken, Ham, Bacon, Tomato, Pesto Mayo, Mixed Greens, Croissant



Truffle Toastie 14.00

Grilled Mushroom, Brie, Truffle Sauce, Sourdough



Steak Taco 14.00

Grilled Steak, Sour Cream, Tomato, Pickled Red Onion, Caramelized Onion, Cilantro



***Smoked Salmon with Bagel 14.00**

Smoked Salmon, Cream Cheese, Capers, Pickled Red Onion



Mediterranean Chicken 18.00

Grilled Chicken Breast with Mediterranean Dressing, Cherry Tomatoes, Cucumber, Parsley, Lime on Brown Rice



Rainbow Vegan 16.00

Chili-Lime Chickpea, Brown Rice, Pumpkin, Avocado, Kale, Tomato, Honey Lemon Dressing



Honey Cilantro Chicken Bowl 18.00

Marinated Grilled Chicken breast on Brown Rice, Avocado Sliced, Chili Lime Chickpea, Cucumber



***Hula Tuna 19.00**

Raw Tuna, Sushi Grade, Brown Rice, Cucumber, Avocado, Pineapple, Scallions, Spicy Mayo.



Miso Hungry 19.00

Miso Salmon, Edamame, Kale, Scallions, Brown Rice, Wasabi Dressing



Grilled Chicken Caesar Salad 16.00

Romaine, Grilled Chicken, Parmesan Cheese, Crouton, Caesar Dressing



Cobb Salad 15.00

Mixed Greens, Arugula, Avocado, Boiled Egg, Smoked Bacon Bite, Cherry tomatoes, Parmesan Cheese, Avocado Dressing



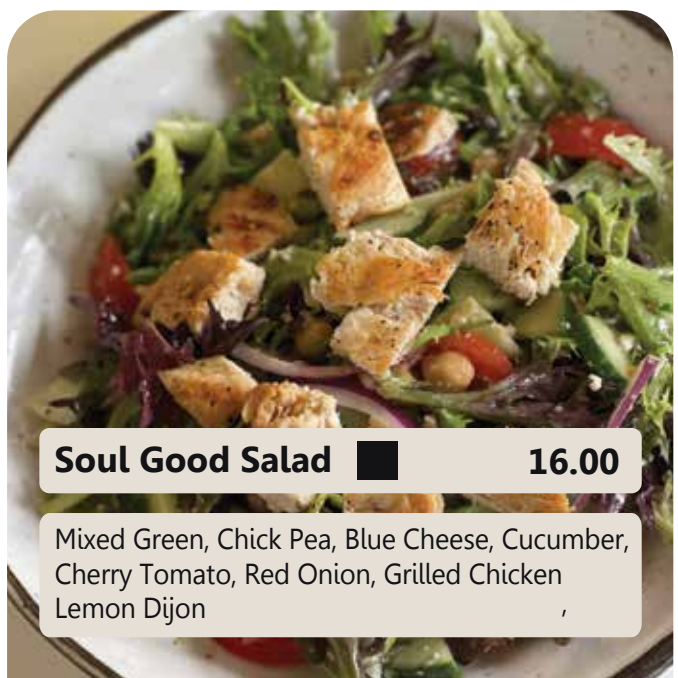
Protein Bowl 16.00

Grilled Chicken, Pumpkin, Red Onion, Kale, Edamame, Walnut, Lemon Dijon



Lost in Paris 15.00

Mixed Green, Red Apple, Dried Cranberry, Brie, Candy Pecan, Cherry Tomato, Avocado, and Red Onion in Apple Cider Vinaigrette Dressing



Soul Good Salad 16.00

Mixed Green, Chick Pea, Blue Cheese, Cucumber, Cherry Tomato, Red Onion, Grilled Chicken, Lemon Dijon

Beverages



Coffee



Coffee

Fresh Brew Coffee
Thai Iced Coffee
Cold Brew
Americano
Cappuccino
Latte
Vanilla Latte
Mocha Latte
Iced Orange Cappuccino
Brown Sugar Espresso w/ Oat Milk

Hot

3.50
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5.50
6.00
6.00
6.50
6.50
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6.50

Ice

3.50
5.00
5.00
5.50
6.00
6.00
6.50
6.50
6.50
6.50

Milk

Whole Milk
Skimmed Milk
Oat Milk
Almond Milk
Coconut Milk



Tea?

Tea

	Hot	Ice
Rose Tea	5.00	-
Green Tea	5.00	-
Jasmine Green Tea	5.00	-
Lavender Tea	5.00	-
Oolong Tea	5.00	-
Earl Grey	5.00	-
English Breakfast	5.00	-
Chai Tea	5.00	5.00
Thai Tea Madness	-	7.00
Mango Milk Tea with Mango Jelly	-	8.00
Green Tea with Mixed Fruit and Passion Fruit Boba	-	8.00
Strawberry Matcha Latte	-	8.00
Mango Matcha Latte	-	8.00
Lychee Black Tea w/ Lychee Jelly	-	8.00
Sunset Lemonade with Strawberry Boba	-	8.00
Taro with Brown Sugar Boba	-	8.00
Milk Tea with Brown Sugar Boba	-	8.00
Strawberry Jasmine Tea with Strawberry Boba	-	8.00
Peach Jasmine Tea with Mango Jelly	-	8.00
Strawberry Lychee Soda	-	8.00

In Love 7.00

Greek Yogurt, Granola, Dried Cranberry, Cranberry Syrup

Granola 8.00

Granola, Honey, Greek Yogurt, Fresh Berries

Pina Colada Chia Parfait 7.00

Fresh Pineapple, Coconut Milk, Chia Seeds,
Dried Coconut

Strawberry Chia Parfait 7.00

Fresh Strawberry, Oat Milk, Chia Seeds, Honey Cereal

Acai Bowl 16oz 14.00

Acai with Granola, Seasonal Fruit, Honey

Add on (up to 2):

Peanut Butter | Almond Butter | Greek Yogurt

Topped (up to 4):

Almonds | Bee Pollen | Chia Seeds | Dried Coconut | Hemp Seeds
Honey | Nutella | Pecans | Sunflower Seeds

SOUL GOOD

COFFEE & EATERY

Vita-c

\$12

Peach, Pineapple, Carrot, Mango, Ginger, Camu Camu, OJ, Almond Milk, Yogurt

Perfect green

\$12

Spinach, Kiwi, Avocado, Mango, Matcha, Blue Spirulina, Honey, Oat Milk, Yogurt

Açaí Banana

\$10

Açaí, Banana, Coconut Milk

\$10

Rescue Me

Orange Juice, Mango, Pineapple, Honey, Vitamin C Powder

\$10

Ocean

Avocado, Pineapple, Banana, Almond Milk, Peanut Butter, Yogurt, Honey and Blue Spirulina

\$8

On The Beach

Coconut Milk, Pineapple, Mango, Honey

\$9

Happy

Oat Milk, Blueberry, Rolled Oat, Banana, Chia seeds

\$8

Berry Honey Yogurt

Almond Milk, Mixed berries, Greek Yogurt, Honey

\$8

Green Light

Kale, Pineapple, Mango, Honey, Almond Milk



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